



Keeping Students Focused Through Mentoring

E-Mentoring Training Presentation

1 hour
a week

TRAINING OBJECTIVES

By the end of today's session you will:

- Have a good understanding of YouthNet's E- Mentoring programme and the role of a E- Mentor
- Have an understanding of how YouthNet will support you during your E- Mentor experience

1 hour
a week

WHAT IS YOUTHNET ?

- **YOUTHNET** is a School-based mentoring programme.
- **MISSION:** Empowering students to make positive life choices through school- based mentoring.
- **VISION:** Through our mentoring and literacy programmes we are developing new generations of youth to be responsible, educated contributing members of society.

1 hour
a week

WHAT IS E-MENTORING?

- E-Mentoring is a special mentoring opportunity by which caring, responsible adults are able to mentor a student via email.
- E- Mentoring focuses on academic achievement, career exploration or development of a supportive and nurturing relationship.

1 hour
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WHO'S WHO?

Your Coordinator

- The Person who matches you with your mentee and supports your relationship for the academic school term.
- Contact them if you have problems or concerns about your mentoring relationship.
- You will also receive an email once a month from the coordinator to check in on the relationship

1 hour
a week

WHY E-MENTORING?

- Flexible- Fits around a busy schedule
- Increased understanding of Youth's issues
- Opportunity to share your knowledge and expertise
- Satisfaction of helping a young person striving to succeed
- Online mentor training
- Mentor group conversations

1 hour
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WHAT DOES AN E-MENTOR DO?

- Provides encouragement, support, and guidance
- Keeps in regular contact with their mentee
- Listens
- Respects boundaries and confidentiality

1 hour
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E- MENTORING MAKES A DIFFERENCE

Research on e-mentoring has shown that online mentors can enhance young people's ability to succeed specifically by:

- generating interesting and answerable questions
- providing resources relevant to student investigations
- providing career awareness and understanding
- modeling professional behaviours and attitudes
- increase students' sense of relevance of learning

1 hour
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WHAT TO EXPECT FROM E- MENTORING

- To exchange monthly e-mails with a student for specified period of time
- To respond to your student's email
- To meet your student at the end of the school year and on breaks
- To receive monthly evaluations via email from the YouthNet programme coordinator

1 hour
a week

HOW E- MENTORING WORKS

- Once the application and training process is completed and you will be been matched with a student.
- YouthNet programme staff will contact you to establish a start time and date.
- Mentors will generate the first email including an personal introduction and that they are looking forward to participating in the initiative.
- Mentors and Mentees are required to send two emails per month.
- At the end of every month YouthNet programme staff will send you an evaluation via email checking in on the relationship.

1 hour
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BUILDING A RELATIONSHIP: QUICK TIPS

- Give an enthusiastic and friendly welcome
- Ask a lot of questions and answer your mentee's questions about you
- Work together to solve problems
- Give constructive feedback

1 hour
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BUILDING A RELATIONSHIP: WHAT TO EXPECT

- It takes time to build up relationships and rapport especially online
- Mentees are usually less responsive during exams and school holidays
- Persistence pays off
- Let your coordinator know if your mentee is not responding after 2 weeks

1 hour
a week

WRITING YOUR FIRST EMAIL

- Say hello
- Write an enthusiastic welcome and introduction
- Give a brief background about you and what you do
- Ask your mentee about them, and what they would like to gain from mentoring
- Sign off on a cheery note

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BOUNDARIES

- Do not exchange gifts or loan money/receive a loan of money from your mentees
- Your relationship can be friendly but you should not feel obliged to be your mentees' friend
- Avoid conversation topics that make you or your mentees feel uncomfortable

1 hour
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CONTACT INFORMATION

- If you have any questions in regards to YouthNet's E- Mentoring Programme feel free to contact:

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